

Book List for Forest Schools

This list is compiled from books enjoyed by Forest School Leaders. It is by no means a definitive guide.

If you have found any additional books useful and relevant to Forest School please do pass on the details of those books to Colette or Caroline.

Development & Learning

Title:	No fear – growing up in a risk averse society
Author:	Tim Gill
ISBN:	978 1 903080 08 5
Synopsis:	
In this concise book Tim Gill explores the reasons behind an increasingly risk averse society and the possible impacts this has on children growing up in today society.	

Title:	Last Child in the Woods
Author:	Richard Louv
ISBN:	1565125223
Synopsis:	
In this influential work about the staggering divide between children and the outdoors, child advocacy expert Richard Louv directly links the lack of nature in the lives of today's wired generation - he calls it nature-deficit - to some of the most disturbing childhood trends, such as the rises in obesity, attention disorders, and depression. LAST CHILD IN THE WOODS is the first book to bring together a new and growing body of research indicating that direct exposure to nature is essential for healthy childhood development and for the physical and emotional health of children and adults. More than just raising an alarm, Louv offers practical solutions and simple ways to heal the broken bond - and they are right in our own backyard. (synopsis from amazon.co.uk)	

Title:	Too Safe For Their Own Good?
Author:	Jennie Lindon
ISBN:	978 1 907969 140
Synopsis:	
In this concise book Jennie Lindon explores the question are children too safe for their own good? She looks at what the potential threats' are to our children's safety, how society has responded to these threats and what the impact might be for the young people of today. The second half of this book is packed with practical advice about how to risk assess day to day activities and how to evaluate both benefit and risk sensibly in our daily lives.	

Title:	Toxic Childhood – How the Modern World is Damaging our Children and What we Can do About it.
Author:	Sue Palmer
ISBN:	0752880918
Synopsis:	
A thought provoking, well presented discussion about the effect that the modern world has on children. Topics discussed include - food, sleep, play, exercise etc.	

Title:	The Excellence of Play
Author:	Edited by Janet R Moyles
ISBN:	0-335-19068-5
Synopsis:	
The Excellence of Play gathers together authoritative contributors to provide a wide ranging and key source text reflecting both up-to-date research and current classroom practice. This book recognises play as a tool for learning for young children and discusses how through provision, interaction and intervention in children's play ensures progression, differentiation and relevance in the curriculum.	

Title:	Starting from the Child
Author:	Julie Fisher
ISBN:	0-335-20918-1
Synopsis:	
Starting from the child examines a range of theories about young children as learners and the implications of these theories for classroom practice. It discusses the importance of recognising the competences of young learners, the importance of building on their successes and the critical role of adults who understand the ways of young learners.	

Title:	Learning Through Play – Babies, Toddlers and the Foundation Years
Author:	Tina Bruce
ISBN:	0340801522
Synopsis:	
In this book Tina Bruce, an acknowledged expert in the field of play, presents the key ideas and best practice for child care students in the light of the new Early Learning Goals, showing how to encourage children's learning through play. (synopsis from amazon.co.uk)	

Title:	Emotional Intelligence- Why it can Matter More Than IQ
Author:	Daniel Goleman
ISBN:	0-7475-2830-6
Synopsis:	
In this book Daniel Goleman argues that our view of human intelligence is far too narrow, and that our emotions play a far greater role in thought, decision making and individual success than is commonly acknowledged. With new insights into the brain architecture underlying emotions and rationality, the book discusses how emotional intelligence can be nurtured and strengthened in all.	

Title:	Multiple Intelligences – New Horizons in Theory and Practice
Author:	Howard Gardner
ISBN:	0465047688
Synopsis:	
Gardner's seminal 1993 account of the practical applications of Multiple Intelligences theory is now completely updated and expanded to reflect the latest developments in the field. Howard Gardner's brilliant conception of individual competence has changed the face of education in the twenty-three years since the publication of his classic work, "Frames of Mind". Since then thousands of educators, parents and researchers have explored the practical implications and applications of Multiple Intelligences theory - the powerful notion that there are separate human capacities, ranging from musical intelligence to the intelligence involved in self-understanding. The first decade of research on MI theory and practice was reported in the 1993 edition of "Multiple Intelligences". This new edition covers all developments since then and stands as the most thorough and up-to-date account of MI available anywhere. Completely revised throughout, it features new material on global application and on MI in the workplace, an assessment of MI	

practice in the current conservative educational climate, new evidence about brain functioning and much more. (synopsis from amazon.co.uk)

Title:	The Thinking Child – Brain based learning for the foundation stage
Author:	Nicola Call
ISBN:	1-85539-121-X
Synopsis:	
A practical, accessible book that links brain research and classroom practice. Throughout the book are practical examples and case studies as well as opportunities to reflect on practice.	

Title:	How Children Learn – From Montessori to Vygotsky, education theories and approaches made easy.
Author:	Linda Pound
ISBN:	1-904575-09-9
Synopsis:	
A practical and clear summary of a wide range of educational theories. The book is clearly laid out and summaries each theory/theorist in chronological order. It includes a section on Forest School.	

Title:	Child Development – An illustrated guide
Author:	Carolyn Meggitt
ISBN:	978-0-435420-48-2
Synopsis:	
A clear, well presented summary of child development from birth to 16 years. It looks at the holistic development of the child – physical, cognitive, language, emotional, social, moral and spiritual development are all included. The book is laid out in chronological order as the child grows and also has additional information about special educational needs and learning theories.	

Title:	The Sense of Wonder
Author:	Rachel Carson, Photos by Nick Kelsh
ISBN:	0-06-757520
Synopsis:	
A reissue of the classic work from one of the most influential environmentalists. Stunning new photographs compliment Carson's intimate account of adventures with her young nephew. <i>"If a child is to keep his inborn sense of wonder, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement and mystery of the world we live in".</i>	

Forest Schools guides

Title:	The Outdoors Classroom in practice, Ages 3-7.
Author:	Karen Constable
ISBN:	9781138831506
Synopsis:	
This is a fanastic month by month guide to Forest School provision. For anyone starting a new Forest School this is a hugely practical book stuffed with practical activities and study themes, all you need to keep you going all year!!! This book also provides lots of top tips about risk assessment and wider Forest School management too.	

Title:	Developing a Forest School in Early Years Provision
Author:	Jenny Doyle and Katherine Milchem
ISBN:	9781907241345
Synopsis:	
An easy to read, truly practical guide for all Forest Schools Leaders. Fantastic advice and practical suggestions, great case study examples all you need to get you started in your own Forest School. From setting up your site and setting up procedures to activities to run and risk assessment. There is something for everyone in this book.	

Title:	Forest Schools and Outdoor Learning in Early Years
Author:	Sara Knight
ISBN:	
Synopsis:	
Sara Knight argues strongly that outdoor learning rightly continues to play an essential role in early years education, and this new edition of a bestselling book explores how the Forest School approach can be easily and effectively incorporated into early years practice. Expanding on aspects of Forest School teaching, and drawing on new developments and policy changes within the field, this new edition also includes a new chapter on working with parents.	

Title:	Forest Schools for All
Author:	Sara Knight
ISBN:	9780857020710
Synopsis:	
This book uses a wide range of case studies to demonstrate how Forest School can be used as an affective learning tool beyond Early Years. Chapter one looks at an integrated 'whole school' approach to learning. Chapter 2 and 3 looks at supporting participants with Particular needs and Social/Emotional needs. Chapter 4 looks at a number of Forest Schools strategies being set up in the UK. This book highlights all the potential of Forest Schools and beings to answer why Forest Schools would seem to be here to stay in Britain.	

Forest School Activity Ideas

Title:	Sharing Nature with Children & Sharing Nature with Children 2
Author:	Joseph Cornell
ISBN:	1-883220-73-4 & 1-883220-87-4
Synopsis:	
A classic nature education book from one of the most highly regarded nature educators in the world today. The book and its sequel share a philosophy and approach to 'sharing nature with children'. The activities are split into 4 categories – Awaken Enthusiasm, Focus Attention, Direct Experience and Share Inspiration. It is suggested that using activities sequentially is the most effective way of using them with a group.	

Title:	Earthwalks & Snowwalks
Author:	The Institute of Earth Education
ISBN:	n/a purchase directly from the institute www.earthed.org.uk
Synopsis:	
'Earth Education' is an approach created by Steve Van Matre. Originating in America it is now internationally recognised. The philosophy is based on the observation that in this modern world people need acclimatising to the natural world. In Earth education this is achieved by carefully structured programmes that address key ecological concepts through magical activities. Earthwalk is a series of sensory and exploratory activities designed to focus learner's attention on details as they undertake a nature walk.	

Title:	The Woodcraft Folk Activity Book
Author:	Rose Griffiths
ISBN:	0-361-08033-6
Synopsis:	
An activity book designed to give woodcraft folk (a more nature based version of the scouts/guides!) ideas for games and activities. The book is arranged by the elements – earth, air, water and fire and contains a wide range of activities from crafts to games to planting.	

Title:	I love my World
Author:	Chris Holland
ISBN:	9780956156600
Synopsis:	
This book provides hundreds of practical activities and games that are designed to encourage an environmental awareness, understanding and appreciation. This book is guaranteed to help you : " Learn to play, play to learn".	

Title:	Earth, Water, Fire and Air Playful Explorations in the Four Elements
Author:	Walter Kraul
ISBN:	0-86315-489-1
Synopsis:	
The activities in this book are mainly based around constructing items that link with one of the 4 elements. Many of the constructions are traditional toys – tops, ball runs, pulleys, boats, waterwheels, mobiles, kites etc.	

Title:	Earthwise
Author:	Carol Petrash
ISBN:	0-86315-158-2
Synopsis:	
Earthwise offers a year – round programme of practical ideas for encouraging young children to be aware of their environment. The book is split into seasons and contains activities, crafts and recipes. It also contains good ideas for outdoor play and garden areas.	

Title:	The power of Outdoor play
Author:	Chris Trwoga
ISBN:	
Synopsis:	
107 lesson plans and projects for schools with photographs and amazing illustrations to show leaders just how to translate inspiring ideas into inspirational time in the outdoors. With sections on Forest schools for beginners, intermediates and advanced groups there is tones to help leaders on their way.	

Title:	Nature's Playground
Author:	Fiona Danks & Jo Schofield
ISBN:	978-0-7112-2491-9
Synopsis:	
Nature's Playground emphasises the importance of natural outdoor play. The book is sectioned by the seasons and give lots of activity ideas from active adventurous to quiet crafts.	

Title:	Make it Wild
Author:	Fiona Danks & Jo Schofield
ISBN:	9780711228856
Synopsis:	
Lots of ideas of what to make and how to play in the outdoors; super photographs to inspire and brief instructions good enough to enable us all to give it a go. Lots of nice ideas for Leaders working with people beyond early years.	

Title:	SPRING nature activities for Children series – SUMMER, AUTUMN, WINTER
Author:	Irmgard Kutsch & Brigitte Walden
ISBN:	0-86315-544-8, 978-086315-586-4, 0-86315-495-6 & 0-86315-564-2
Synopsis:	
This series of books combine information with practical activities for nature based learning. Each book takes a season and describes what is happening in the natural world and how children can get involved. The books contain ideas for large scale projects eg. making labyrinths, building clay ovens which, building shelter etc which give good ideas for developing school grounds.	

Title:	Exploring Our Environment
Author:	Susan Haines, Jacqueline Zammit, Jennie Wallace-Hadrill & Sue Townsend
ISBN:	1-85153-829-1
Synopsis:	
A teachers guide with lesson plan ideas for environmental science, mainly for older (KS2 upward) children. The book looks at topics such as – Climate, Soils, Water, Energy, Ecology, People and Communities.	

Title:	Step Outside
Author:	Norfolk Wildlife Trust, Norwich 21
ISBN:	Download directly from http://www.schools.norfolk.gov.uk/myportal/index.cfm?s=1&m=1540&p=891 ,index or buy hard copies from NWT www.norfolkwildlifetrust.org.uk
Synopsis:	
A Norfolk based resource pack for primary schools. It aims to give teachers practical ideas for using and developing their school grounds. It includes lesson plans for foundation stage, key stage 1 and 2 as well as a 'how to' section for school ground projects.	

Practical Woodland Skills

Title:	Woodlands – a practical handbook
Author:	BTCV - Elizabeth Agate
ISBN:	Buy or download directly from BTCV http://www2.btcv.org.uk
Synopsis:	
One of the BTCV practical handbooks series. A comprehensive guide to woodlands in the widest sense and applicable for all woodland workers, volunteers and users. It includes sections on: the history of British woodlands, flora and fauna, Environmental law, health and safety, woodland management and conservation, coppicing and felling, access and recreation.	

Title:	Toolcare – a maintenance and workshop manual
Author:	BTCV Edited by Elizabeth Agate
ISBN:	Buy or download directly from BTCV http://www2.btcv.org.uk
Synopsis:	
One of the BTCV practical handbooks series. A comprehensive guide to hand tool care for all users. It includes sections on: fitting out a workshop and tool store, storage of tools, running a workshop effectively, replacing handles, sharpening and repairs.	

Title:	Practical Conservation – advice for teachers
Author:	BTCV
ISBN:	Buy directly from BTCV http://www2.btcv.org.uk
Synopsis:	
A practical guide aimed at teachers in how to develop school grounds for wildlife. Chapters include; First steps, Trees and Woodland, Tree Nurseries, Hedgerows, Gardening for Birds, Insect Gardens, Wildflower Meadows, Ponds and Marshes, Paths and Steps, Construction.	

Title:	The Klutz Book of Knots – a step by step manual
Author:	John Cassidy
ISBN:	0-932592-10-4
Synopsis:	
How to tie 24 most useful hitches, ties, wraps and knots. Has 2 styles of clear diagrams and step by step descriptions of the knots. The book is a cardboard book with holes in and 2 lengths of cord so you can practice as you read!	

Title:	Knots – An illustrated practical guide to the essential knot types and their uses
Author:	Andrew Adamides
ISBN:	978-1-90576-507-2
Synopsis:	
A comprehensive guide to knots. It includes a difficulty rating of how hard each knot is to tie; the history and use of each know as well as step by step instructions. It also has information about rope types and glossary of terms.	

Title:	Heath and Safety Overview – for practical conservation projects
Author:	BTCV
ISBN:	Buy directly from BTCV http://www2.btcv.org.uk
Synopsis:	
A guide to good health and safety practice aimed at conservation groups but just as relevant to all working with groups in woodland.	

Species Identification and Field Guides

Title:	Series of fold-out ID charts and keys
Author:	Field Studies Council
ISBN:	Buy directly from http://www.field-studies-council.org/
Synopsis:	
The field studies council fold out ID charts series include a vast range of species – from pond bugs to animal tracks and signs, woodland tree trails to bugs on bushes, ladybirds, spiders garden birds, lichens, fungi, seaweeds etc etc etc. They are all fold out laminated card and useful to take out into the field for basic ID requirements. Worth keeping them in a plastic wallet if it rains though as not very waterproof!	

Title:	Field Guides series
Author:	Collins series
ISBN:	Range available to buy from most good bookshops
Synopsis:	
Collins has a comprehensive range of field guides for most areas. The books usually are arranged by family – so basic knowledge of species groupings is required, however they usually have a detailed introduction and key. Titles in the series include; trees, birds, mammals, wild flowers, insects, spiders, mushrooms and toadstools, grasses & sedges, reptiles and amphibians etc	

Title:	Norfolk Wild File
Author:	Norfolk Wildlife Trust
ISBN:	Available directly from NWT http://www.norfolkwildlifetrust.org.uk
Synopsis:	
An A5 ring binder of 36 illustrated leaflets of Norfolk species. The pack is split into 6 sections; amphibians/reptiles, mammals, birds, insects, plants, garden wildlife.	

Title:	Norfolk Nature Notebook
Author:	Norfolk Wildlife Trust
ISBN:	Available directly from NWT http://www.norfolkwildlifetrust.org.uk
Synopsis:	
This spiral bound 103 page pocket sized notebook encourages children to record wildlife over a whole year. Get drawing, building, recording and making with over 50 different activities. Pick up top-tips on discovering Norfolk's amazing wildlife.	

Title:	Nature Detectives' Handbook
Author:	Woodland Trust
ISBN:	978-1-84236-637-0
Synopsis:	
This spiral bound A5 notebook is aimed at encouraging children to identify species and record their sightings. It is split into; trees and shrubs, flowers, amphibians, birds, fungi and butterflies. Each species has a colour picture with field notes to aid ID and some facts about it. There is also a page per species for you to add your own notes and picture for your own sightings. The pack includes stickers and tick charts for sightings and a useful chart that tells you when the species – leaf, flower, fruit etc.	

Title:	The Countryside Detective – How to discover, observe and enjoy Britain's wildlife
Author:	Reader's Digest
ISBN:	0-276-42438-7
Synopsis:	
A user friendly accessible guide to the British countryside. The book is split by seasons and also by habitat. So it visits each habitat in each season. It also contains 'close-up' sections where it gives information on specific species or themes. Habitats included: grass and farmland, Woodland, Waterside, Moor and mountain, the coast, towns and cities.	

Bushcraft

Title:	Essential Bushcraft
Author:	Ray Mears
ISBN:	0340829710
Synopsis:	
Ray Mears is well known to millions of television viewers through his acclaimed series Tracks, Ray Mears World of Survival and Ray Mears Extreme Survival. Now, based on the bestselling Bushcraft, he has created a handy portable compendium of vital survival skills and wisdom from around the world. Packed with essential wilderness techniques, this book is an invaluable companion on any expedition. (synopsis from amazon.co.uk)	

Title:	Bushcraft: an inspirational guide to surviving in the wilderness
Author:	Ray Mears
ISBN:	0340792582
Synopsis:	
TV's extreme survival expert Ray Mears has lived off the land in the world's most inhospitable places, and <i>Bushcraft</i> is a coffee table-style encapsulation of that hard-won knowledge and experience. Aspiring travellers will find hundreds of life-saving tips here, and even if you plan to stick pretty closely to the beaten track (say, your garden), the specialist information contained in chapters on survival essentials like finding and purifying water, establishing fires and shelter, cordage (the joys of making your own string), and living off the land (grubs and the like), is fascinating in itself--in the tradition of TV's finest "natural history" output. (synopsis from amazon.co.uk)	

Title:	Tom Brown's Field Guide – Nature and Survival for Children
Author:	Tom Brown
ISBN:	0-425-11106-7
Synopsis:	
Tom Brown Jr. began learning to track and hunt at the age of 8, taught by an Apache elder. He is the founder of a renowned survival school in New Jersey and an author of many wilderness books. This book is designed to increase adults' understanding so to be able to support the children they work with better.	

Title:	Food For Free
Author:	Richard Mabey
ISBN:	0-00-220159-3
Synopsis:	
A field guide to which plants, fungi and seaweeds are edible in the UK. The book is arranged by season, describes the species and explains which part of the plant is edible and to some extent the history and any processing required.	

Stories and Folklore

Title:	Spirit of the Forest – Tree tales from around the world
Author:	Helen East, Eric Maddern and Alan Marks
ISBN:	0-7112-1879-X
Synopsis:	
A leafy anthology of 12 traditional tales from a range of cultures – Native North America to New Guinea to Wales to Nepal. All the tales involve trees of various different species. Lovely illustrations.	

Title:	A Forest of Stories – Magical Tree Tales from around the world
Author:	Rina Singh & Helen Cann
ISBN:	1-84148-882-8
Synopsis:	
An anthology of 7 magical tree tales – from China, Guatemala, Japan, India, Nigeria and Morocco. Most of these tales are adaptations of traditional folktales. Lovely illustrations.	

Title:	Stories that Crafted the Earth
Author:	Adrian Beckingham
ISBN:	0-906362-65-2
Synopsis:	
A collection of traditional stories about the creation of the Earth from various indigenous people of the world, including; native American Indians, Amazonian Indians, Celtic, Norse, Tibetan and Aboriginal.	

Title:	Swedish Folk Tales
Author:	Translated by Holger Lundburgh, illustrated by John Bauer
ISBN:	0-86315-457-3
Synopsis:	
A collection of 29 Swedish folk tales from traditional authors such as Elsa Beskow, Anna Wahlenberg, Helena Nyblom etc. Magical stories of trolls and elves and giants beautifully illustrated.	

Title:	The Rain Forest Storybook
Author:	Rosalind Keren
ISBN:	0-521-43533-1
Synopsis:	
Traditional stories from the original forest peoples of South America, Africa and south-east Asia. The book also includes information about the rainforests and their peoples.	

Title:	Aboriginal stories of Australia
Author:	A. W. Reed
ISBN:	1-87633-417-7
Synopsis:	
A collection of traditional aboriginal stories arranged into; creation myths, legends of Sun Moon and Stars and legends of animals. The book also includes an aboriginal glossary.	

Title:	Celtic Tales and Legends
Author:	Retold by Nicola Baxter and illustrated by Cathie Shuttleworth
ISBN:	1-90046-545-0
Synopsis:	
A child-friendly collection of traditional Celtic stories. The illustration are bold, colourful and Celtic!	

Title:	Keepers of the Earth – Native American stories and environmental activities for children
Author:	Michael J Caduto and Joseph Bruchac
ISBN:	1-55591-385-7
Synopsis:	
First in a trilogy of books that combine traditional native American stories with environmental activities. Topics of the book include; creation, fire, earth, wind and weather, water, sky, seasons, plants and animals, life, death and spirit, and unity of earth. The book includes great tips for telling stories and delivering the activities as well as information about the various tribal cultures the stories have come from.	

Title:	Keeper of the Animals – Native American stories and wildlife activities for children
Author:	Michael J Caduto and Joseph Bruchac
ISBN:	1555913865
Synopsis:	
Second in the 'Keepers of the Earth' trilogy (please see above). This book's collection of traditional stories are all about animals and have related wildlife activities described.	

Title:	Keepers of Life – Discovering plants through Native American stories and earth activities for children
Author:	Michael J Caduto and Joseph Bruchac
ISBN:	1555913873
Synopsis:	
Third in the 'Keepers of the Earth' trilogy (please see above). This book's collection of traditional stories are all about plants and have related earth based activities described.	

Title:	Brother Eagle, Sister Sky
Author:	Paintings by Susan Jeffers
ISBN:	0-14-054514-X
Synopsis:	
Inspired by the words of Chief Seattle, a respected and peaceful leader of one of the Northwest Indian Nations, 150 years ago. Jeffers has created powerfully beautiful paintings, bringing Seattle's message of respect and sustainability to all through this wonderful story book.	

Title:	The Great Kapok Tree – a tale of the Amazon rainforest
Author:	Lynne Cherry
ISBN:	978-0-15-202614-1
Synopsis:	
A beautifully illustrated story about how the creatures of the rainforest plead with a wood cutter as he sleeps not to cut down the kapok tree.	

Title:	The Shaman's Apprentice – A tale of the Amazon Rainforest
Author:	Lynne Cherry and Mark J Plotkin
ISBN:	0-15-202486-7
Synopsis:	
A beautifully illustrated story book for how Tirio dreams of one day becoming the tribal shaman, and how he and his people learn the importance of their own knowledge about the healing properties of the rain forest. It is based on a true story.	

Title:	Mother earth and Her Children – A Quilted Fairy Tale
Author:	Sibylle Von Olfers translated by Jack Zipes
ISBN:	1-933308-18-4
Synopsis:	
A Joyful Tale of the coming of Spring! In rhyming verse and vibrant illustrations (pictures actually are from an amazing quilt that Sieglinde Schoen Smith made of the story!) this enchanting story captivates the imagination of the youngest readers.	

Title:	Children of the Forest
Author:	Elsa Beskow
ISBN:	978-086315-049-4
Synopsis:	
Elsa Belskow's picture books for children have been known and loved for over a century. The little forest people play with the creatures of the forest through the seasons of the year, beautifully illustrated by soft full page pictures.	

Title:	Window
Author:	Jeannie Baker
ISBN:	0-7445-9486-3
Synopsis:	
A powerful picture book without words. The beautiful collage illustrations show the changes outside a boy's window year after year. Little by little the changes add up. Fantastic book to promote discussion about sustainability and development.	

Title:	Dear Children of the Earth – A letter from Home
Author:	Schim Schimmel
ISBN:	978-1-55971-225-5
Synopsis:	
A letter from Mother Earth asking for help from children everywhere. Powerfully illustrated by dramatic paintings from the author combining animals, earth and space.	

Magic, Mystery and Healing

Title:	The Celtic Wisdom of Trees – Mysteries, Magic and Medicine
Author:	Jane Gifford
ISBN:	1-84181-041-X
Synopsis:	
A collection of ancient wisdom, folklore, medicine and mythology of British tree species. The book uses the Ogham (Celtic tree alphabet) to look at each species in detail. Contains some wonderful photographs.	

Title:	Tree Wisdom – The definitive guidebook to the myth, folklore and healing power of Trees
Author:	Jacqueline Memory Paterson
ISBN:	0-7225-3408-6
Synopsis:	
Tree wisdom explores the world of trees through the eyes of our ancient ancestors and our eyes of today. Each species of tree is considered holistically from its physical description and properties to its legends and myths and magical uses.	

Title:	A Tree in your Pocket
Author:	Jacqueline Memory Paterson
ISBN:	0-7225-3778-6
Synopsis:	
A pocket sized summary of main tree species. A summary of Tree Wisdom (please see above).	

Title:	Animal Wisdom – the definitive guide to the myth, folklore and medicine power of animals
Author:	Jessica Dawn Palmer
ISBN:	0-00-710218-6
Synopsis:	
Animal wisdom explores the world of animals through the eyes of our ancient ancestors and our eyes of today. Over 70 animal species of the Northern Hemisphere are explored. Each species of animal is considered holistically from it's physical description and properties to it's legends and myths and magical powers.	

Title:	Earth Wisdom – A heart-warming mixture of the spiritual, the practical and the proactive.
Author:	Glennie Kindred
ISBN:	1-4019-0471-8
Synopsis:	
Earth wisdom inspires us to restore our own connections to the Earth. It encourages us to follow our own personal spirituality and intuitive wisdom. It includes imaginative ways to experience the seasonal cycles, our relationship with the Earth, the trees and plants, personal growth and inner renewal.	

Title:	The Magical Year – A Pagan perspective on the natural world
Author:	Diana Ferguson
ISBN:	0-7134-8110-2
Synopsis:	
The Magickal Year traces ancient traditions to their pre-Christian beginnings. Earlier peoples – Romans, Celtic, Norse and Teutonic – were much more intimately linked to the natural rhythms, the cycles of the Sun, the Moon and the seasons, than are we, yet their influence remains. This book goes through the cycle of the year and the traditional festivals celebrated – explaining where many traditions have their roots.	